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**121st Anniversary April Open Meeting**

# SATURDAY 18th APRIL 2015

**Thurston Drive, KETTERING NN15 6PB**

### TRACK EVENTS – ENTRIES CLOSE 30 MINS BEFORE EACH RACE

 **12.15pm 75mts under 11’s male and female**

 **12.45pm 100mts all age groups male and female, except u/11**

 **1.35pm 800mts\* all age groups male and female, except u/11**

 **2.00pm 600mts under 11’s male and female**

 **2.15pm 200mts all age groups male and female, except u/11**

 **3.00pm 150mts under 11’s male and female**

 **3.30pm 400mts/400mH males u/17 & over, females u/20 and over**

 **3.40pm 300mts u/15 and u/17 female only, u/15 male**

 **4.00pm 1500mts\* all age groups male and female, except u/11**

**FIELD EVENTS (MINIMUM OF THREE TRIALS)**

 **12.00pm Long Jump A all age groups male and female (4.50m+ PB)**

 **12.45pm “Vortex Howler” under 11s only**

 **1.15pm High Jump A Experienced Athletes (Starting height 1.40m)**

 **1.45pm Javelin all age groups male and female, except u/11**

 **2.00pm High Jump B Young Athletes (Starting height 1.00m)**

 **3.15pm Shot all age groups male and female, except u/11**

 **3.15pm Long Jump B all age groups male & female (below 4.50m PB)**

**ALL TIMES ARE APPROX. -SUBJECT TO ENTRIES (50 Max for Long Jump B)**

### NB – “Under 11” means current school Years 4 & 5; “Under 13” – Years 6 & 7, etc

**\* Athletes Under 15 may compete in either the 800m or 1500m but not both**

**£2.00 per event for under 11’s or £5.00 for 3 events- 3 EVENTS MAX UP TO u17s**

**£3.00 per event or £7.00 for three plus events all other age groups**

##### CAR PARKING, REFRESHMENTS AND CHANGING FACILITIES

**ALL EVENTS UNDER UK ATHLETICS RULES OF COMPETITION**

##### Visit our website: www.ktharriers.com

**Advance pre booked entries are available as well as on the day entry. Please fill in the attached entry form and send with cheque payment (payable to Kettering Town Harriers) to PO Box 7669, Kettering, NN16 8TZ – no payment, no entry in advance.**

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| **NAME:****CLUB: M/F** **(Please Circle)****AGE GROUP:U11/U13/U15/U17/U20/SENIOR/MASTERS (Please Circle)** ✂ ✁ |
| **EVENT:****PB:** **(or best guess)**✂ | **EVENT:****PB:** **(or best guess)**✂ |
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